## WYNTERS SCRATCHING POST - MAY HEBRON CAT HOSPITAL Issue No. 04

Senior Kitty Appreciation

This month, we shine a spotlight on our beloved senior cats. I'd like to dedicate this article to the wise, sweet, companions who have brought us countless smiles and quiet moments of joy over the years. Recently, I welcomed a very special senior into my home-TonyRomo, my mom's 18-year-old Siamese cat. After my mom passed away in December 2024, TonyRomo came to live with me. I first met him back in Spring 2006, while working at another veterinary practice. He was an energetic kitten, surrendered to the clinic for being "too much to handle." That energy never stopped—until he found the perfect place to grow up: my mom's home.

With an acre of vard to explore. TonyRomo spent his younger years chasing grasshoppers, butterflies, and climbing trees in her backyard. He was a lively indoor-outdoor cat who relished every opportunity to burn off his youthful energy. These days, life has slowed down for him. He spends most of his time napping, and I'm grateful for the quiet companionship he offers.

As a veterinarian, I care for many senior cats, and I know firsthand the challenges that come with aging pets. For their caretakers, the treatments and daily needs of seniors can sometimes feel overwhelming. Kidney disease, arthritis, dietary needs, and fluid therapy are all common parts of a senior cat's journey.

But here's what my patients have taught me: comfort matters. They've shown me how small adjustments can make a big difference. Our kidney insufficiency patients, I now warm fluids in a warm water bath before treatment. I use warm-from-the-dryer towels to create a cozy spot for them to sit or lie on. For arthritic cats, memory foam stairs make it easier to reach the bed or couch. If a cat enjoys being brushed, I incorporate that into fluid therapy sessions as a calming, pleasant distraction.

Our seniors deserve to be celebrated. They've given us their best years-now it's our turn to make their golden years as comfortable and loving as possible.

If you're caring for an aging feline, we invite you to visit us at Hebron Cat Hospital. We're happy to share tips and tricks to make their senior days peaceful and pain-free.

With love and gratitude to the seniors who inspired this article: Columbo, Dusty, Arianna, Cooper, Mr. Kittyand of course, TonyRomo.

With Love, Dr. Dee Whissen









@hebroncathospital



@hebroncathospital